



You May Be Eligible to Get a Kidney Transplant

You don't have to be in perfect health to get a kidney transplant. You don't have to be rich or have the perfect body. People of all shapes and sizes, race, and economic status get them every day. If you can check the box next to each statement, you may be eligible to be placed on the kidney transplant waitlist. If you have questions, contact your healthcare team.

- I am on dialysis or approaching dialysis.
- I have a caregiver/family member who can assist me with medical care after the transplant surgery.
- My body mass index is appropriate.
- I don't smoke.
- I am infection free.
- I don't have diabetes, or my diabetes is controlled.
- I am 80 years old or younger.
- Healthy enough for surgery.



Every transplant center has its own guidelines. The transplant center will do a health test with you to ensure you meet their requirements.

Start the transplant conversation with your healthcare team today!



Learn more about the kidney transplant process by visiting www.esrdncc.org/npfe-1an/transplant-101-series.



SCAN ME